



CYCLINGZENS

Ghats & Greens

Cycling Goa

4 Nights - 5 Days

Tour Start Location :
Panjim Inn Hotel, Panjim, Goa

Activity Profile

Difficulty Grade	2
Cycling Days	4 Days
Avg distance/day	55 kms
Total cycling distance	210 kms

For information of this tour, please reach out to us on:
www.cyclingzens.com | +91 98922 17936 | +91 90825 55501 | +91 98191 98901

Ghats & Greens: Goa

5D/4N Cycling Adventure

Tour Overview

Tour Start location: Panjim, Goa.

Tour End Location: Canacona, Goa

Nearest arrival airport: MOPA (GOX) / Dabolim (GOI) airport

Nearest departure airport: Dabolim (GOI)

Group Size: Min 2 - Max 12 (Scheduled departures)

Minimum Age: 12 yr accompanied or 16 yr independent

Highlights

- Stay in a heritage hotel at Fontainhas, Goa's Latin Quarter.
- Take a ferry ride to Chorao Island & Dr. Salim Ali Bird Sanctuary.
- Cycle through wetlands, paddy fields, and village roads.
- Visit the Brahma Karmali Temple (time permitting).
- Explore the 13th-century Tambdi Surla Mahadeva Temple.
- Discover Shigao's ancient rock carvings, the Narayandev shrine, and a natural bubbling pond.
- Ride past the Cotigao and Poinguinim reserves.
- Conclude at Palolem Beach with leisure time.

Pricing

*pricing valid till March 2027

For Individuals		
Tour Pricing	USD 1200	INR 102,000
E-Bike Hire	USD 100	INR 10,000
Single Supplement	USD 200	INR 20,000

*min 2 pax for guaranteed departure

Private departures can be customized (reduce/increase the distances, stay in luxury properties, add private experiences - gastronomy, private birding, yacht cruises, etc).

Pricing will change for scheduled departures vs custom trips.

Group booking discounts available.

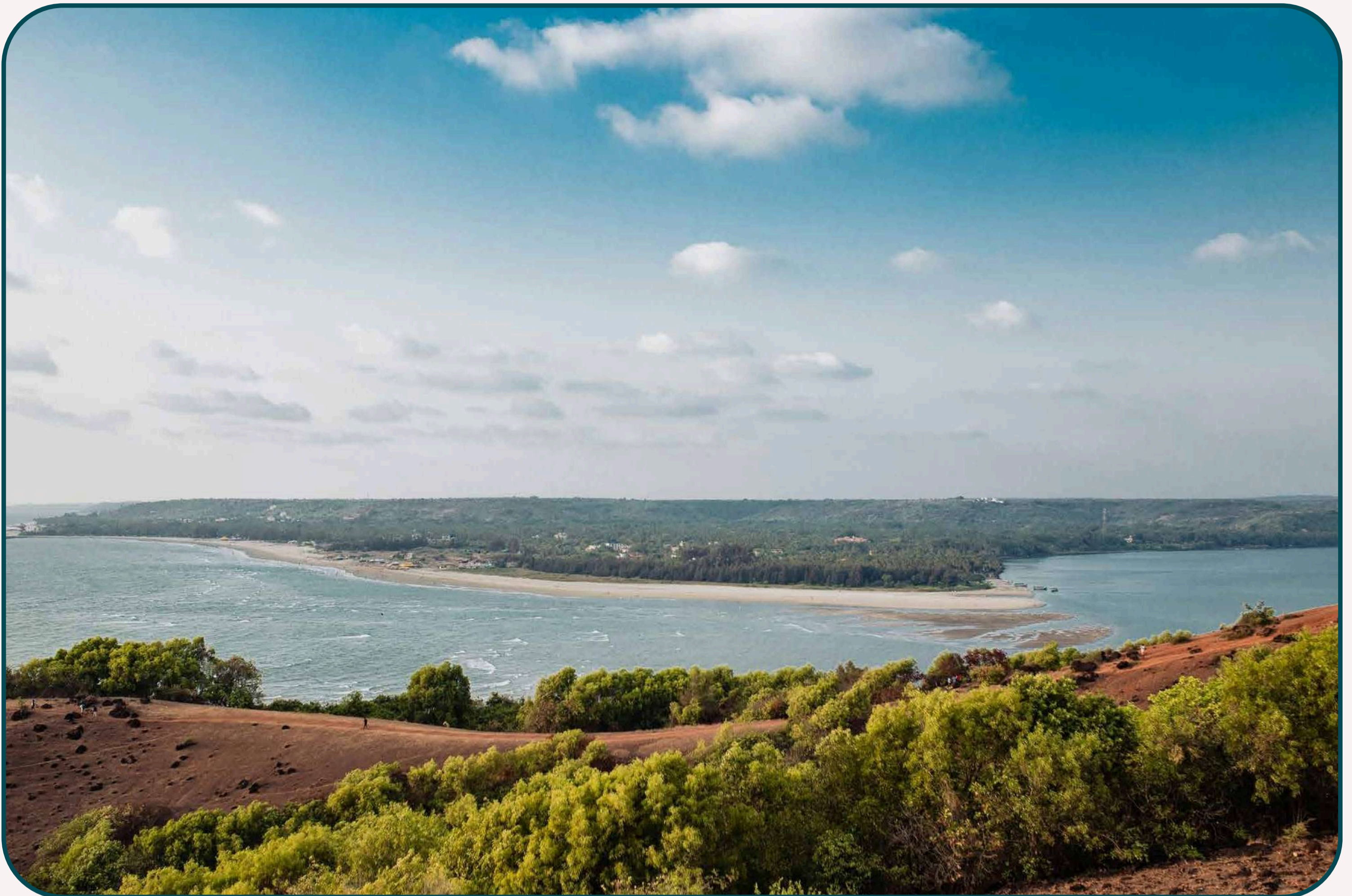
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Day	Place	Boutique Stays	Meals	Distance	Activity
Day 0	Panjim	Welcome Heritage Panjim Inn	D		Arrival Day
Day 1	Chorla	Wilderness Resort	B,L,D	59Km/35 min	Cycling
Day 2	Mollem	Nature's Nest Resort	B,L,D	55Km/32min	Cycling
Day 3	Netravalli	Mangaal Farmstay	B,L,D	58Km/35min	Cycling
Day 4	Palolem Beach		B	46Km/30min	Cycling

** In the rare event that mentioned rooms are not available, we will ensure the replacement is of equal or higher quality.

Full Tour Schedule

Day 0: Panjim – Arrival & Briefing



Accommodation: Panjim Inn

Meals Included: Dinner

Distance Covered: Arrival Day

Terrain: Non-riding day

Arrive in Goa's charming capital and check in at the Panjim Inn, a heritage hotel in the heart of Fontainhas—the Latin Quarter. Spend the afternoon at leisure, soaking in the old-world architecture and art-lined corridors.

At 5:00 PM, your guide will meet you for a bike fitting and tour briefing, followed by a relaxed welcome dinner with your fellow riders. This day is about settling in and setting the tone for the adventure ahead.



Day 1: Panjim to Chorla – Through Villages, Islands & Wetlands



Accommodation : Wilderdest Eco-Lodge, Chorla

Meals Included : Breakfast, Lunch, Dinner

Distance Covered : ~58 km | **Elevation Gain :** 974m

Terrain : Flat, forest roads, gentle climbs

Your ride begins along quiet roads leading to Goa's river islands. A scenic ferry crossing brings you to lush wetlands near the Salim Ali Bird Sanctuary. Cycle through paddy fields and mangrove-lined paths, spotting a variety of birdlife along the way.

Enjoy a traditional Goan breakfast en route and continue through local villages. Time permitting, stop at the Brahma Karmali Temple, a rare cultural landmark. The day's journey winds gently uphill toward Chorla Ghat on the edge of the Western Ghats.

Day 2: Chorla to Mollem – Forest Roads & Ancient Temples



Accommodation : Nature's Nest, Mollem

Meals Included : Breakfast, Lunch, Dinner

Distance Covered : ~55 km | **Elevation Gain :** 463m

Terrain : Forest trails, climbs, village roads

Ride through lush forest trails into the Western Ghats, where birdsong and canopy roads accompany you. A key stop is the 13th-century Mahadeva Temple at Tambdi Surla, an exquisite basalt structure surrounded by wilderness.

Continue into the Bhagwan Mahavir Wildlife Sanctuary, Goa's largest forest reserve. Here, wildlife sightings, optional birding or night safaris add to the experience. End the ride at a peaceful forest lodge in Mollem.

Day 3: Mollem to Netravali – Through Canopies & Forgotten Legends



Accommodation : Mangaal Farmstay, Netravali

Meals Included : Breakfast, Lunch, Dinner

Distance Covered : ~58 km | **Elevation Gain :** 794m

Terrain : Rolling hills, forest paths, village roads

Today's ride takes you deeper into forested Goa, with a mix of climbs and long descents beneath dense tree cover. Pass through quiet hamlets and pause to explore Shigao's ancient rock carvings hidden in a cave—a fascinating window into Goa's prehistory.

Visit the Narayandev shrine in Vichundrem before reaching your rustic farmstay at Netravali. After lunch, take a walk through the forest or simply relax until dinner is served under starlit skies.

Day 4: Netravali to Palolem – Forests to the Sea



Accommodation : NA

Meals Included : Breakfast

Distance Covered : ~48 km | **Elevation Gain :** 519m

Terrain : Climbs, descents, flat coastal routes

Begin with a 10 km climb through shaded forest trails before descending into South Goa's quieter coastal belt. Ride past Cotigao and Poinguinim reserves, where the forest gradually opens to fields and rural roads. As you near the coast, the air grows saltier and the landscape flattens.

Arrive at the crescent-shaped Palolem Beach—your final stop. Spend the afternoon at leisure by the sea, swim, or relax at a beach café. The journey ends with a serene beachside lunch.

Pricing

For Private Groups			
Currency	6 pax	8pax	12 pax
INR	85,000	80,000	75,000
USD	1,000	940	880

**goods and services taxes included.

Inclusions :

- Accommodation
- Guide(s)
- Support vehicle
- Meals as indicated
- Bikes & helmets
- Snacks and drinks en route

Exclusions :

- Flights
- Airport pickup
- Visa fees
- Alcohol
- Medical Insurance
- Tips

Your booking is confirmed by paying a 30% advance up to 120 days prior to tour date, balance payment 75 days prior to the tour start date.

What is the cancellation policy?

Refund Structure:

Advance payment (deposit) 30% is not refundable.

Cancellation 45 to 75 days in advance will receive a 50% refund of the full amount

Cancellation 15 to 45 days in advance will receive a 25% refund of the full amount

No refund will be issued for cancellations less than 15 days in advance.

Follow the hyperlink for essential information and faqs:
cyclingzens.com/cycling-holidays-faqs

For more information of this tour, please reach out to us on:
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Thank You



Lets have a memorable adventure, together.

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